



## **Allergens by Product**

Allergies and special dietary requirements are taken very seriously at Caffè Nero. Please ask the barista if you have any questions about our products, or refer to the following information.

Our allergen information may be subject to change, so please check each time you visit to ensure that you have the most up to date information. Unless otherwise stated, we cannot guarantee a 100% allergen free environment in our stores, and some equipment may be used for more than one product.

## Caffe Nero Allergens by Product

Where 'Yes' is indicated, items contain the named allergen.

Product	Cereals containing Gluten	Crustaceans and products thereof	Eggs and products thereof	Fish and products thereof	Peanuts and products thereof	Soya/beans and products thereof	Milk and products thereof	Nuts	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur Dioxide and sulphites (> 10mg/Kg)	Lupin and products thereof	Molluscs and products thereof	Additional Dietary Information (V = Vegetarian, VG = Vegan, GF = Gluten free, WF = Wheat free, DF = Dairy free - but may contain egg)
<b>Sliced Cakes</b>															
Belgian Chocolate Fudge Cake	Yes - wheat		Yes			Yes	Yes	may contain traces		may contain traces	may contain traces				V
Carrot Cake	Yes - wheat		Yes			may contain traces	Yes	Yes - walnuts, pecans & pistachios & other nuts		may contain traces	may contain traces	may contain traces			V
Salted Caramel Cheesecake	Yes - wheat		Yes			Yes	Yes	may contain traces							V
Sicilian Lemon Meringue Cake	Yes - wheat		Yes			Yes	Yes	may contain traces							V
<b>House of Fraser only</b>															
Blackcurrant & Earl Grey Cake	Yes - wheat		Yes				Yes	may contain traces							V
<b>Dessert Pots</b>															
NEW Lemon posset and amoretto crumble dessert pot	Yes - wheat		Yes			may contain traces	Yes	may contain traces							V
NEW Tiramisu dessert pot	Yes - wheat		Yes			may contain traces	Yes	may contain traces							V
NEW mini raspberry and pistachio cake	Yes - wheat		Yes			may contain traces	Yes	Yes - pistachios							V
NEW mini cappuccino cake	Yes - wheat		Yes			Yes	Yes	may contain traces							V
NEW Lemon drizzle loaf cake	Yes - wheat		Yes				Yes	may contain traces							V
NEW banana and walnut loaf cake	Yes - wheat		Yes			may contain traces	Yes	Yes - walnuts							V
NEW raspberry and amaretti crumble cake	Yes - wheat		Yes			may contain traces	Yes	may contain traces							V
NEW belgium chocolate brownie	Yes - wheat		Yes			Yes	Yes	may contain traces							V
NEW chocolate and espresso biscotti brownie	Yes - wheat		Yes			Yes	Yes	may contain traces							V
NEW salted caramel belgium brownie	Yes - wheat		Yes			Yes	Yes	may contain traces							V
NEW Raspberry and almond brioche	Yes - wheat		Yes			Yes	Yes	Yes - almonds							V
Caramel Shortcake	Yes - wheat		may contain traces			Yes	Yes	may contain traces							V
Belgian Chocolate & Cherry Tart	Yes - wheat		Yes			Yes - Soya	Yes	may contain traces		may contain traces	may contain traces				V
Scilian Lemon Meringue Tart	Yes - wheat		Yes			may contain traces	Yes	Yes - pistachio nuts and traces of other nuts		may contain traces	may contain traces				V
<b>Caffe Dolce</b>															
Dark Chocolate and Orange Dolce	Yes - wheat		may contain traces			Yes	Yes	may contain traces		may contain traces	may contain traces				V
Scilian Lemon Posset Dolce	Yes - wheat		Yes			Yes	Yes	may contain traces		may contain traces	may contain traces				V
White Chocolate and Raspberry Dolce	Yes - wheat		Yes			Yes	Yes	may contain traces		may contain traces	may contain traces				V
Salted Caramel and Hazelnut Dolce	Yes - wheat		Yes			Yes	Yes	Yes, Hazelnuts and traces of other nuts		may contain traces	may contain traces	Yes			V
Tiramisu Dolce	Yes - wheat		Yes			Yes	Yes	may contain traces		may contain traces	may contain traces				V
<b>Pastries</b>															
Almond Croissant	Yes - wheat		Yes				Yes	Yes - Almonds and traces of other nuts			may contain traces				V
Apricot Croissant	Yes - wheat		Yes			may contain traces	Yes	may contain traces			may contain traces				V
Butter Croissant	Yes - wheat		Yes			may contain traces	Yes	may contain traces			may contain traces				V
Cheese Twist	Yes - wheat & barley		Yes			may contain traces	Yes	may contain traces	may contain traces	Yes	may contain traces	Yes			V
Chocolate Twist	Yes - wheat		Yes			Yes	Yes	may contain traces			may contain traces				V
Maple Pecan Twist	Yes - wheat		Yes				Yes	Yes - Pecans and traces of other nuts			may contain traces				V
Pain au Chocolat	Yes - wheat		Yes			Yes	Yes	may contain traces			may contain traces				V
Pain au Raisin	Yes - wheat		Yes			may contain traces	Yes	may contain traces			may contain traces				V
<b>Muffins</b>															
Belgian Chocolate Filled Muffin	Yes - wheat		Yes			Yes	Yes	may contain traces							V

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Product	Cereals containing Gluten	Crustaceans and products thereof	Eggs and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof	Nuts	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur Dioxide and sulphites (> 10mg/Kg)	Lupin and products thereof	Molluscs and products thereof	Additional Dietary Information (V = Vegetarian, VG = Vegan, GF = Gluten free, WF = Wheat free, DF = Dairy free - but may contain egg)
Black Cherry Filled Muffin	Yes - wheat		Yes				may contain traces	Yes - pistachios							V
Blueberry Filled Muffin	Yes - wheat		Yes			Yes	Yes	may contain traces							V
Raspberry & Almond Filled Muffin	Yes - wheat		Yes				Yes	Yes - almonds							V
Sicilian Lemon Curd Filled Muffin	Yes - wheat		Yes				Yes	may contain traces				Yes			V
<b>Scones</b>															
All butter fruit scone	Yes - wheat		Yes				Yes	may contain traces							V
<b>Cookies</b>															
Thaw & Serve and Bake in-store Chocolate Chunk Cookie	Yes - wheat		Yes			Yes	Yes	may contain traces							V
Thaw & Serve and Bake in-store Oat & Raisin Cookie	Yes - wheat & oats		Yes			may contain traces	Yes	may contain traces							V
Thaw and serve & bake in-store Triple Chocolate Cookie	Yes - wheat		Yes			Yes	Yes	may contain traces							V
Thaw and serve wrapped chocolate chip cookie	Yes - wheat		Yes			Yes	Yes	may contain traces							V
Thaw and serve wrapped oat and raisin cookie	Yes - wheat & oats		Yes			may contain traces	Yes	may contain traces							V
Thaw and serve wrapped belgium chocolate	Yes - wheat		Yes			Yes	Yes	may contain traces							V
<b>Grab &amp; Go Cakes</b>															
GF Apple & Blackcurrant Crumble	Gluten free oats							may contain traces							VG, GF, DF, WF
Coconut & Raspberry Slice			Yes					may contain traces				Yes			VG, GF, DF, WF
Wrapped Chocolate Brownie			Yes			Yes	Yes	may contain traces			may contain traces				V, VG, GF
Oat Bar	Yes - oats							may contain traces				Yes			V, DF, WF
<b>Panettone &amp; Teacakes</b>															
Panettoncino Classico	Yes - wheat		Yes			may contain traces	Yes	may contain traces							V
Rich Fruit Teacake	Yes - wheat		Yes			may contain traces	Yes	may contain traces		may contain traces	may contain traces	Yes			V
<b>Wrapped Cakes &amp; Biscuits</b>															
Christmas Vegan Minced Pie	Yes - wheat					may contain traces		may contain traces		may contain traces	may contain traces				V, VG
Almond Biscotti	Yes - wheat		Yes				Yes	Yes - almonds, may contain traces of others			may contain traces				V
Bear Yo-Yo's															V, VG, GF, DF, WF
Caramel Waffles	Yes - wheat		Yes			Yes	Yes	may contain traces							V
Chocolate Covered Rice Cakes						Yes	Yes	may contain traces							V, GF, WF
Gino Gingerbread Man	Yes - wheat		Yes					may contain traces							V, DF
Shortbread Animal Bites	Yes - wheat						Yes	may contain traces							V
Shortbread Bars	Yes - wheat						Yes	may contain traces							V
Stem Ginger Biscuits	Yes - wheat						Yes	may contain traces							V
Wafer Biscuits								Please refer to individual packs						Please refer to individual packs	
<b>Grab &amp; Go Cakes - Express Only</b>															
Caramel Shortcake	Yes - wheat					Yes	Yes	may contain traces							V
<b>Chocolate &amp; Mints</b>															
Chocolate Coated Coffee Beans	may contain traces					Yes	may contain traces	may contain traces							V
Chocolate Coin						Yes	Yes								V
Gianduja Chocolate						Yes	may contain traces	Yes - hazelnuts & other nuts							V
Mints															V, GF
Dark Chocolate Bar								may contain traces							V, VG, DF, GF, WF
Milk Chocolate Bar						Yes	Yes	may contain traces							V, GF, WF
<b>Crisps, Nuts &amp; Popcorn</b>															
Crisps & Popcorn								Please refer to individual packs						Please refer to individual packs	

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Fruit & Nuts	<i>All packs contain nuts - please refer to individual packs for full breakdown</i>														V, VG, DF, GF, WF
Mango Chunks								may contain traces							V, VG, DF, GF, WF
Totally Nuts	<i>All packs contain nuts - please refer to individual packs for full breakdown</i>														V, VG, DF, GF, WF
<b>Breakfast Pots &amp; Porridge</b>															
Berry Compote, Greek Style Yoghurt & Granola	Yes - oats						Yes								V
Seasonal Fruit Salad															V, VG, GF, DF, WF
Mango Fruit pot															V, VG, GF, DF, WF
Dairy free coconut, mango and passionfruit granola pot															V, VG, DF
Porridge with semi-skimmed or skimmed milk	Yes - oats						Yes								V
Porridge with Alpro Soya milk	Yes - oats					Yes									V, VG, WF
Porridge with Alpro Coconut milk	Yes - oats					Yes									V, VG, WF
Porridge with Minor Figures Oat Milk	Yes - oats														V, VG, WF
Seed and fruit porridge topper	may contain traces				may contain traces	may contain traces	may contain traces	may contain traces				Yes			V, VG, DF, GF, WF
Fruit porridge topper	may contain traces				may contain traces	may contain traces	may contain traces	may contain traces				Yes			V, VG, DF, GF, WF
Sausage, bacon and scrambled egg breakfast pot	Yes - wheat		Yes				Yes								
Scrambled egg, portabello mushroom and spinach breakfast pot			Yes				Yes								V, GF, WF
<b>Breakfast</b>															
Smoked British Bacon Ciabatta Roll	Yes - wheat & rye						Yes								
Sausage, Egg & Bacon Ciabatta Roll	Yes - wheat & rye		Yes				Yes								
Butcher's Sausage Ciabatta Roll	Yes - wheat & rye						Yes					Yes			
Heinz Ketchup Sachet									Yes						
HP Sauce Sachet	Yes - barley & rye														
<b>Croissants</b>															
Ham & Mature Cheddar Croissant	Yes - wheat		Yes				Yes	may contain traces				may contain traces			-
<b>Panini's</b>															
Brie & Smoked Bacon	Yes - wheat & rye						Yes								
Chargrilled Chicken & Pesto	Yes - wheat & rye						Yes								
Goat's Cheese & Beetroot	Yes - Wheat						Yes								V
Ham & Mozzarella	Yes - wheat & rye						Yes								
Mozzarella & Tomato	Yes - wheat & rye						Yes								V
Pole & Line Tuna Melt	Yes - wheat & rye		Yes	Yes			Yes			Yes					
Sicilian Meatball & Mozzarella	Yes - wheat & rye		Yes				Yes			Yes					
<b>Deli kitchen</b>															
NEW Italian Meat Deli Sandwich	Yes - Wheat		Yes				Yes			Yes					
NEW Roasted Mediterranean Vegetable & Mozzarella Deli Sandwich	Yes - wheat		Yes				Yes			Yes					V
NEW Margherita Pizzetta	Yes - wheat & barley						Yes								V

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NEW Salami, Mozzarella and sweet cherry pepper pizzetta	Yes - wheat & barley						Yes								
NEW Bacon flatbread	Yes - wheat						Yes								
NEW Scrambled egg, avocado and roasted tomato flatbread	Yes - wheat		Yes				Yes								V
NEW Pork and pancetta sausage roll	Yes - wheat		Yes				Yes								
NEW Butternut squash and balsamic red onion tartlet	Yes - wheat		Yes				Yes								V
NEW Pancetta and slow roast tomato tartlet	Yes - wheat		Yes				Yes								
<b>Tostati</b>															
British Chicken & Bacon	Yes - wheat, barley & rye						Yes		Yes	Yes					
Mozzarella & Roasted Tomato	Yes - wheat, barley & rye						Yes								V
Mushroom & Mascarpone	Yes - wheat, barley & rye		Yes				Yes			Yes					V
Italian Cotto Ham & Cheese	Yes - wheat, barley & rye						Yes								
Classic Five Cheese	Yes - wheat, barley & rye						Yes								V
Smoked Ham & Mature Cheddar	Yes - wheat, spelt & rye						Yes								
Sun-dried Tomato & Pesto	Yes - wheat & rye									Yes					V, VG
<b>Sandwiches - wedges</b>															
Classic Bacon, Lettuce & Tomato	Yes - wheat & barley		Yes	Yes						Yes					DF
Chargrilled Chicken Salad	Yes - wheat & barley		Yes				Yes			Yes					
Free-Range Egg	Yes - wheat & oats		Yes			Yes				Yes					V, DF
Smoked Salmon & Soft Cheese	Yes - wheat & oats			Yes		Yes	Yes								
<b>Gluten Free</b>															
Gluten Free Ham & Mustard Sandwich			Yes							Yes					GF, WF
<b>Flatbreads</b>															
Chargrilled Chicken & Pesto Flatbread	Yes - Wheat		Yes				Yes			Yes					
Sweet Potato Falafel & Houmous Flatbread	Yes - Wheat														V, VG, DF
<b>Salads &amp; Snack Pots</b>															
NEW Lentil, butternut and tomato open salad															V, VG, GF, DF, WF
NEW Radiccio, pea and mandarin open salad															V, VG, GF, DF, WF
NEW Mixed grain, roasted roots and pomegranat open salad	Yes - wheat														V, VG, DF
Crudites & Red Pepper Houmous Pot															V, VG, GF, DF, WF
<b>Kosher Sandwiches - Heathrow &amp; Gatwick only</b>															

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Egg Mayonnaise Bagel	Yes - wheat		Yes							Yes					Kosher, Halal
Salt Beef & Mustard Bagel	Yes - wheat									Yes					Kosher, Halal
Smoked Salmon & Cream Cheese Bagel	Yes - wheat			Yes			Yes								Kosher, Halal
<b>Kids Sandwiches</b>															
Ham Sandwich	Yes - wheat, oatmeal						Yes								
Cheese Sandwich	Yes - wheat, oatmeal						Yes								V
<b>Soups - served with Ciabatta Bread</b>															
Tomato & Mascarpone	Yes - wheat if served with ciabatta						Yes		Yes (celery & celeriac)						V, GF & WF if not served with bread
Rustic Chicken & Rice	Yes - wheat if served with ciabatta						Yes		Yes (celery & celeriac)						GF & WF if not served with bread
<b>Hot Pots</b>															
Orzo Pasta & Mediterranean Veg	Yes - Wheat								Yes (celery & celeriac)						V, VG
Mushroom & Mascarpone Risotto	Yes - wheat if served with ciabatta						Yes		Yes (celery & celeriac)						V, GF & WF if not served with bread
<b>Hot Drinks - Coffee Drinks</b>															
Espresso															
Espresso Macchiato							Yes								
Espresso Ristretto															
Espresso con Panna							Yes								
Cappuccino							Yes								
Caffé Latte							Yes								
Caffe Mocha (served with whipped cream)							Yes								
Caffe Americano (if served with milk)							Yes								
Cortado							Yes								
Flat White							Yes								
<b>Extras:</b>															
Whipped Cream							Yes								
Marshmallows															These are <b>not vegetarian</b> as they contain beef gelatine. DF, GF, WF
<b>Non Dairy Milk:</b>															
Alpro Coconut						Yes									V, VG, DF
Alpro Oat	Yes - oats														V, VG, DF
Alpro Soya						Yes									V, VG, DF
<b>Hot Drinks - Tea, Hot Chocolate &amp; Specialty</b>															
Tea (if served with milk)							Yes								
Herbal Tea															
Hot Chocolate (served with whipped cream)						Yes - in chocolate sprinkles	Yes - in chocolate sprinkles								
Hot Chocolate Milano (served with whipped cream)						Yes - in Milano liquid & chocolate sprinkles	Yes - in Milano liquid & chocolate sprinkles								
Chai Latte							Yes Note: Recipe changed to dairy free chai powder, check with Barista.								V, VG, DF, GF, WF
White Chocolate Mocha (served with whipped cream)						Yes - in the white chocolate sauce	Yes - in the white chocolate sauce								
Caramelatte (served with whipped cream)							Yes - in the caramel sauce								
<b>Iced Drinks</b>															

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Frappe Latte							Yes								
Belgian Mocha Frappe Latte						Yes - in the Milano liquid	Yes - in the Milano liquid								
Iced Latte							Yes								
Iced Coconut Latte	Yes - oats (if made with oat milk)					Yes (if made with coconut or soya milk)	Yes								
Frappe Crème - Belgian Triple Chocolate						Yes - in Milano liquid & chocolate chips	Yes - in the Milano liquid								
Frappe Crème - Espresso & Caramel							Yes - in the caramel sauce								
Frappe Crème - Raspberry & Belgian White Chocolate						Yes - In the white chocolate sauce	Yes - in the white chocolate sauce								
Frappe Crème - Salted Caramel & Pistachio							Yes - in the salted caramel sauce								NUT FREE
Milkshake - Belgian Chocolate						Yes - in the Milano liquid	Yes - in the Milano liquid								
Milkshake - Strawberry							Yes								
Milkshake - Vanilla							Yes								
Shaken - Sicilian Lemonade															
Shaken - Crushed Raspberry Lemonade															
Shaken - Garden Mint Lemonade															
Shaken - Black Tea & Peach															
Shaken - Green Tea & Mango															
Fruit Booster - Alphonso Mango & Passion Fruit															
Fruit Booster - Raspberry & Italian Peach															
<b>Syrups:</b>															
Amaretto								Yes - Pistachio							Does not contain alcohol
Caramel															
Caramel - Sugar Free															
Cinnamon															
Gingerbread															
Hazelnut								Yes - Hazelnut							
Hazelnut - Sugar Free								Yes - Hazelnut							
Pure Cane Sugar															
Salted Caramel															
Strawberry															
Vanilla															
Vanilla - Sugar Free															

### Bottled Drinks

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Blackcurrant & Apple Juice Drink															
Coca Cola / Diet Coke															
Freshly Pressed Apple Juice															
Freshly Squeezed Orange Juice 250ml & 500ml															
Honest Tea (various flavours)															
Irn Bru / Sugar Free Irn Bru															Scotland only
San Pellegrino (various flavours)															
Sicilian Lemonade Juice Drink															
Vita Coco Natural Coconut Water															
Mujo Ginger shot															V, VG
Mujo Turmeric shot															V, VG
Water - Still / Sparkling 500ml & Still 750ml															





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Caffe Nero Allergens by Product

Where 'Yes' is indicated, items contain the named allergen.

Product	Cereals containing Gluten	Custard creams and products thereof	Eggs and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof	Nuts	Calery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur Dioxide and Sulphites (E220-226)	Lupin and products thereof	Molluscs and products thereof	Additional Dietary Information (V = Vegetarian, VG = Vegan, GF = Gluten free, WF = Wheat free, DF = Dairy free - but may contain eggs)
<b>Sliced Cakes</b>															
Belgian Chocolate Fudge Cake	Yes - wheat		Yes			Yes	Yes	may contain traces		may contain traces	may contain traces				V
Cappuccino Cake	Yes - wheat		Yes			Yes	Yes	may contain traces							V
Carrot Cake	Yes - wheat		Yes				Yes	Yes - walnuts & pistachios		may contain traces	may contain traces				V
Salted Caramel Cheesecake	Yes - wheat		Yes			Yes	Yes	may contain traces							V
Sicilian Lemon Meringue Cake	Yes - wheat		Yes			Yes	Yes	may contain traces							V
<b>House of Fraser only</b>															
Blackcurrant & Earl Grey Cake	Yes - wheat		Yes				Yes	may contain traces							V
<b>Traybakes and Loaf Cakes</b>															
Banana & Walnut Loaf Cake - wheat free recipe	Yes - rye		Yes					Yes - walnuts							V, WF, DF
Belgian Chocolate Brownie	Yes - wheat		Yes			Yes	Yes	may contain traces		may contain traces	may contain traces				V
Caramel Shortcake	Yes - wheat					Yes	Yes	may contain traces							V
Chocolate & Cherry Tart	Yes - wheat		Yes			Yes - Soya	Yes	may contain traces		may contain traces	may contain traces				V
Lemon Meringue Tart	Yes - wheat		Yes			may contain traces	Yes	Yes - pistachio nuts		may contain traces	may contain traces				V
Vegan mince pie	Yes - wheat					may contain traces		may contain traces		may contain traces	may contain traces				V, VG
<b>Caffe Dolce</b>															
Dark chocolate and orange dolce	Yes - wheat		Yes			Yes	Yes	may contain traces		may contain traces	may contain traces				V
Sicilian lemon posset dolce	Yes - wheat		Yes			Yes	Yes	may contain traces		may contain traces	may contain traces				V
White chocolate and raspberry dolce	Yes - wheat		Yes			Yes	Yes	may contain traces		may contain traces	may contain traces				V
Salted caramel and hazelnut dolce	Yes - wheat		Yes			Yes	Yes	Yes - hazelnuts and traces of other nuts		may contain traces	may contain traces	Yes			V
Tiramisu dolce	Yes - wheat		Yes			Yes	Yes	may contain traces		may contain traces	may contain traces				V
<b>Pastries</b>															
Almond Croissant	Yes - wheat		Yes				Yes	Yes - almonds							V
Apricot Croissant	Yes - wheat		Yes				Yes	may contain traces							V
Butter Croissant	Yes - wheat		Yes				Yes	may contain traces							V
Cheese Twist	Yes - wheat		Yes			May contain traces	Yes	may contain traces	may contain traces	Yes	may contain traces	Yes			V
Chocolate Twist	Yes - wheat		Yes			Yes	Yes	may contain traces							V
Maple Pecan Twist	Yes - wheat		Yes				Yes	Yes - pecans							V
Pain au Chocolat	Yes - wheat		Yes			Yes	Yes	may contain traces							V
Pain au Raisin	Yes - wheat		Yes				Yes	may contain traces							V
<b>Muffins</b>															
Belgian Chocolate Filled Muffin	Yes - wheat		Yes			Yes	Yes	may contain traces				Yes			V
Black Cherry Filled Muffin	Yes - wheat		Yes				may contain traces	Yes - pistachios							V
Blueberry Filled Muffin	Yes - wheat		Yes			Yes	Yes	may contain traces							V
Raspberry & Almond Filled Muffin	Yes - wheat		Yes				Yes	Yes - almonds							V
Sicilian Lemon Curd Filled Muffin	Yes - wheat		Yes				Yes	may contain traces				Yes			V
<b>Scones</b>															
Fresh scone (NI only) - served with jam	Yes - wheat		Yes				Yes	may contain traces				Yes			V

## Caffe Nero Allergens by Product

Where 'Yes' is indicated, items contain the named allergen.

Product	Cereals containing Gluten	Custard creams and products thereof	Eggs and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof	Nuts	Calery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur Dioxide and Sulphites (E220-226)	Lupin and products thereof	Molluscs and products thereof	Additional Dietary Information (V = Vegetarian, VG = Vegan, GF = Gluten free, WF = Wheat free, DF = Dairy free - but may contain eggs)
Fresh cherry scone (ROI)	Yes - wheat		Yes				Yes					Yes			V
Fresh fruit scone (ROI)	Yes - wheat		Yes				Yes								V
Fresh plain/sugar scone (ROI)	Yes - wheat		Yes				Yes								V
<b>Cookies</b>															
Bake in-store Chocolate Chunk Cookie	Yes - wheat		Yes			Yes	Yes	may contain traces							V
Bake in-store Oat & Raisin Cookie	Yes - wheat & oats		Yes			may contain traces	Yes	may contain traces							V
Bake in-store Triple Chocolate Cookie	Yes - wheat		Yes			Yes	Yes	may contain traces							V
Thaw and serve wrapped chocolate chip cookie	Yes - wheat		Yes			Yes	Yes	may contain traces							V
Thaw and serve wrapped oat and raisin cookie	Yes - wheat & oats		Yes			may contain traces	Yes	may contain traces							V
Thaw and serve wrapped belgium chocolate	Yes - wheat		Yes			Yes	Yes	may contain traces							V
<b>Grab &amp; Go Cakes</b>															
Apple & Blackcurrant Crumble	Gluten free oats							may contain traces							V, VG, GF, DF, WF
Coconut & Raspberry Slice			Yes					may contain traces				Yes			V, VG, GF, DF, WF
Wrapped Double Chocolate Brownie			Yes			Yes	Yes	may contain traces							V, VG, GF
Oat Bar	Yes - oats							may contain traces				Yes			V, DF, WF
<b>Panettone &amp; Teacakes</b>															
Irish buttermilk pancake (ROI only)	Yes - wheat		Yes				yes	may contain traces							V
Panettoncino Classico	Yes - wheat		Yes				Yes	may contain traces							V
Rich Fruit Teacake	Yes - wheat		Yes				Yes	may contain traces				Yes			V
<b>Wrapped Cakes &amp; Biscuits</b>															
Almond Biscotti	Yes - wheat		Yes				Yes	Yes - almonds							V
Bear Yo-Yo's															V, VG, GF, DF, WF
Caramel Waffles	Yes - wheat					Yes	Yes								V
Chocolate Covered Rice Cakes						Yes	Yes	may contain traces							V, GF, WF
Gino Gingerbread Man	Yes - wheat		Yes					may contain traces							V, DF
Shortbread Animal Bites	Yes - wheat						Yes	may contain traces							V
Shortbread Bars	Yes - wheat						Yes	may contain traces							V
Stem Ginger Biscuits	Yes - wheat						Yes	may contain traces							V
Wafer Biscuits															Please refer to individual packs
<b>Chocolate &amp; Mints</b>															
Chocolate Coated Coffee Beans	may contain traces					Yes	may contain traces	may contain traces							V
Chocolate Coin						Yes	Yes								V
Gianduja Chocolate						Yes	may contain traces	Yes - hazelnuts							V
Mints															V, GF
Willie's Dark Chocolate Bar								may contain traces							V, VG, DF, GF, WF
Willie's Milk Chocolate Bar							Yes	may contain traces							V, GF, WF
<b>Crisps, Nuts &amp; Popcorn</b>															
Crisps & Popcorn															Please refer to individual packs
Fruit & Nuts															V, VG, DF, GF, WF

## Caffe Nero Allergens by Product

Where 'Yes' is indicated, items contain the named allergen.

Product	Cereals containing Gluten	Custard creams and products thereof	Eggs and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof	Nuts	Almonds and products thereof	Mustard and products thereof	Sesame Seeds and products thereof	Sulphur Dioxide and Sulphites (E220-226)	Lupin and products thereof	Molluscs and products thereof	Additional Dietary Information (V = Vegetarian, VG = Vegan, GF = Gluten free, WF = Wheat free, DF = Dairy free - but may contain eggs)
Mango Chunks							may contain traces								V, VG, DF, GF, WF
Totally Nuts	All packs contain nuts - please refer to individual packs for full breakdown														V, VG, DF, GF, WF
<b>Breakfast Pots &amp; Porridge</b>															
Clandeboyne strawberry yogurt							Yes								V
Clandeboyne toffee yogurt							Yes								V, GF
Clandeboyne Mango yogurt and granola	Yes - oats, barley, rye						Yes								V, GF
Fresh fruit salad															V, VG, DF, GF, WF
Porridge with semi-skimmed or skimmed milk	Yes - oats						Yes								V
Porridge with alpro soya milk	Yes - oats					Yes									V, VG, WF
Porridge with alpro coconut milk	Yes - oats					Yes									V, VG, WF
Porridge with minor figures oat milk	Yes - oats														V, VG, WF
Seed and fruit porridge topper					May contain traces	May contain traces	May contain traces	May contain traces				Yes			V, VG, DF, GF, WF
Fruit porridge topper					May contain traces	May contain traces	May contain traces	May contain traces				Yes			V, VG, DF, GF, WF
<b>Breakfast Sandwiches</b>															
Bacon bloomer	Yes - wheat					Yes	Yes				May contain traces				
<b>Breakfast Croissant</b>															
Ham & Mature Cheddar	Yes - wheat		Yes				Yes				May contain traces				
<b>Panini's</b>															
Brie & Smoked Bacon	Yes - wheat & rye						Yes					Yes			
Chargrilled Chicken & Pesto	Yes - wheat & rye					Yes	Yes								
Goat's Cheese & Beetroot Panini	Yes - Wheat						Yes				Yes				V
Ham & Mozzarella	Yes - wheat & rye					Yes	Yes								
Mozzarella & Tomato	Yes - wheat & rye						Yes								V
Pole & Line Caught Tuna Melt	Yes - wheat & rye		Yes	Yes			Yes								
Sicilian Style Meatball & Mozzarella	Yes - wheat & rye		Yes				Yes								
<b>Tostati</b>															
Sausage and relish bloomer	Yes - wheat & barley					Yes	Yes			Yes	May contain traces	Yes			
Grilled mediterranean veg melt	Yes - wheat					Yes	Yes			Yes					V
Chicken and bacon melt	Yes - wheat					Yes	Yes								
Ham and Cheddar melt	Yes - wheat					Yes	Yes			Yes					
Mature Irish cheddar and tomato melt on batch bread	Yes - wheat					Yes	Yes								V
<b>Baguettes</b>															
Irish ham and mature cheddar baguette	Yes - wheat						Yes								
Sweet chilli Baguette	Yes - wheat						Yes								
<b>Sandwiches - wedges</b>															
Chargrilled chicken salad	Yes - wheat & barley		Yes				Yes								
Classic bacon, lettuce and tomato	Yes - wheat & barley		Yes												
Free-range egg	Yes - wheat & oats		Yes							Yes					V
Smoked salmon and soft cheese	Yes - wheat & oats			Yes			Yes								
Chicken and stuffing	Yes - wheat & barley		Yes				Yes			Yes					

## Caffe Nero Allergens by Product

Where 'Yes' is indicated, items contain the named allergen.

Product	Cereals containing Gluten	Crustaceans and products thereof	Eggs and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof	Nuts	Celery and products thereof	Mustard and products thereof	Sesame seeds and products thereof	Sulphur Dioxide and Sulphites (E220-226)	Lupin and products thereof	Molluscs and products thereof	Additional Dietary Information (V = Vegetarian, VG = Vegan, GF = Gluten free, WF = Wheat free, DF = Dairy free - but may contain)
Mini roll selection	Yes - wheat, barley & rye					Yes	Yes								
<b>Gluten Free</b>															
Gluten Free Ham & Mustard Sandwich			Yes							Yes					GF, WF
<b>Flatbreads</b>															
Chargrilled Chicken & Pesto Flatbread	Yes - Wheat		Yes				Yes			Yes					
Sweet Potato Falafel & Houmous Flatbread	Yes - Wheat														V, VG, DF
<b>Snack Pots</b>															
Spinach & Egg Pot			Yes												V
Crudites & Red Pepper Houmous Pot															V, VG, GF, DF, WF
<b>Soups - served with Ciabatta Bread</b>															
Leek and potato	Yes - wheat if served with ciabatta						Yes		Yes						V, GF & WF if not served with bread
<b>Hot Drinks - Coffee Drinks</b>															
Espresso															-
Espresso Macchiato							Yes								-
Espresso Ristretto															-
Espresso con Panna							Yes								-
Cappuccino							Yes								
Caffé Latte							Yes								
Caffé Mocha (served with whipped cream)							Yes								-
Caffé Americano (if served with milk)							Yes								
Cortado							Yes								
Flat White							Yes								
<b>Extras:</b>															
Whipped Cream							Yes								
Marshmallows															These are not vegetarian as they contain beef gelatine. DF, GF, WF
<b>Non Dairy Milk:</b>															
Coconut						Yes									
Oat	Yes - oats														
Soya						Yes									
<b>Hot Drinks - Tea, Hot Chocolate &amp; Specialty</b>															
Tea (if served with milk)							Yes								
Herbal Tea															
Hot Chocolate (served with whipped cream)						Yes - in chocolate sprinkles	Yes - in chocolate sprinkles								
Hot Chocolate Milano (served with whipped cream)						Yes - in Milano liquid & chocolate sprinkles	Yes - in Milano liquid & chocolate sprinkles								
Chai Latte							Yes Note: Recipe changed to dairy free chai powder, check with Barista.								V, VG, DF, GF, WF

## Caffe Nero Allergens by Product

Where 'Yes' is indicated, items contain the named allergen.

Product	Cereals containing Gluten	Crustaceans and products thereof	Eggs and products thereof	Fish and products thereof	Peanuts and products thereof	Soya beans and products thereof	Milk and products thereof	Nuts	Category and products thereof	Mustard and products thereof	Sesame Seeds and products thereof	Sulphur Dioxide and Sulphites (E220-226)	Lupin and products thereof	Molluscs and products thereof	Additional Dietary Information (V = Vegetarian, VG = Vegan, GF = Gluten free, WF = Wheat free, DF = Dairy free - but may contain)
White Chocolate Mocha (served with whipped cream)						Yes - in the white chocolate sauce	Yes - in the white chocolate sauce								
Caramelatte (served with whipped cream)							Yes - in the caramel sauce								
<b>Iced Drinks</b>															
Frappe Latte							Yes								
Belgian Mocha Frappe Latte						Yes - in the Milano liquid	Yes - in the Milano liquid								
Iced Latte							Yes								
Iced Coconut Latte	Yes - oats (if made with oat milk)					Yes (if made with coconut or soya milk)	Yes								
Frappe Crème - Belgian Triple Chocolate						Yes - in Milano liquid & chocolate chips	Yes - in the Milano liquid								
Frappe Crème - Espresso & Caramel							Yes - in the caramel sauce								
Frappe Crème - Raspberry & Belgian White Chocolate						Yes - In the white chocolate sauce	Yes - in the white chocolate sauce								
Frappe Crème - Salted Caramel & Pistachio							Yes - in the salted caramel sauce								
Milkshake - Belgian Chocolate						Yes - in the Milano liquid	Yes - in the Milano liquid								
Milkshake - Strawberry							Yes								
Milkshake - Vanilla							Yes								
Shaken - Sicilian Lemonade															
Shaken - Crushed Raspberry Lemonade															
Shaken - Garden Mint Lemonade															
Shaken - Black Tea & Peach															
Shaken - Green Tea & Mango															
Fruit Booster - Alphonso Mango & Passion Fruit															
Fruit Booster - Raspberry & Italian Peach															
<b>Syrups:</b>															
Amaretto								Yes - Pistachio							Does not contain alcohol
Caramel															
Caramel - Sugar Free															
Cinnamon															
Gingerbread															
Hazelnut								Yes - Hazelnut							
Hazelnut - Sugar Free								Yes - Hazelnut							

## Caffe Nero Allergens by Product

Where 'Yes' is indicated, items contain the named allergen.

Product	Cereals containing Gluten	Custard creams and products thereof	Eggs and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof	Nuts	Crustaceans and products thereof	Molluscs and products thereof	Sesame seeds and products thereof	Sulphur Dioxide and Sulphites (E220-226)	Lupin and products thereof	Molluscs and products thereof	Additional Dietary Information (V = Vegetarian, VG = Vegan, GF = Gluten free, WF = Wheat free, DF = Dairy free - but may contain)
Pure Cane Sugar															
Salted Caramel															
Strawberry															
Vanilla															
Vanilla - Sugar Free															
<b>Bottled Drinks</b>															
Blackcurrant & Apple Juice Drink															
Coca Cola / Diet Coke															
Freshly Pressed Apple Juice															
Freshly Squeezed Orange Juice 250ml & 500ml															
Honest Tea (various flavours)															
Im Bru / Sugar Free Im Bru															Scotland only
San Pellegrino (various flavours)															
Sicilian Lemonade Juice Drink															
Vita Coco Natural Coconut Water															
Water - Still / Sparkling 500ml & Still 750ml															



## Allergens by Product

Allergies and special dietary requirements are taken very seriously at Caffè Nero. Please ask the barista if you have any questions about our products, or refer to the following information.

Our allergen information may be subject to change, so please check each time you visit to ensure that you have the most up to date information. Unless otherwise stated, we cannot guarantee a 100% allergen free environment in our stores, and some equipment may be used for more than one product.



## Caffe Nero Allergens by Product

Where 'Yes' is indicated, items contain the named allergen.

Product	Cereals containing gluten	Crustaceans and products thereof	Eggs and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof	Nuts	Celery and products thereof	Mustard and products thereof	Sesame Seeds and products thereof	Sulphur Dioxide and sulphites (>10mg/kg)	Lupin and products thereof	Molluscs and products thereof	Additional Dietary Information (V = Vegetarian, VG = Vegan, GF = Gluten free, WF = Wheat free, DF = Dairy free - but may contain egg)
<b>Sliced Cakes</b>															
Belgian Chocolate Fudge Cake	Yes - wheat		Yes			Yes	Yes	may contain traces		may contain traces	may contain traces				V
Cappuccino Cake	Yes - wheat		Yes			Yes	Yes	may contain traces							V
Carrot Cake	Yes - wheat		Yes			may contain traces	Yes	Yes - walnuts & pistachios & other nuts		may contain traces	may contain traces	may contain traces			V
Salted Caramel Cheesecake	Yes - wheat		Yes			Yes	Yes	may contain traces							V
Sicilian Lemon Meringue Cake	Yes - wheat		Yes			Yes	Yes	may contain traces							V
<b>House of Fraser only</b>															
Blackcurrant & Earl Grey Cake	Yes - wheat		Yes				Yes	may contain traces							V
<b>Traybakes and Loaf Cakes</b>															
Banana & Walnut Loaf Cake - wheat free recipe	Yes - rye		Yes				may contain traces	Yes - walnuts							V, DF, WF
Belgian Chocolate Brownie	Yes - wheat		Yes			Yes	Yes	may contain traces		may contain traces	may contain traces				V
Caramel Shortcake	Yes - wheat		may contain traces			Yes	Yes	may contain traces							V
Belgian Chocolate & Cherry Tart	Yes - wheat		Yes			Yes - Soya	Yes	may contain traces		may contain traces	may contain traces				V
Sicilian Lemon Meringue Tart	Yes - wheat		Yes			may contain traces	Yes	Yes - pistachio nuts and traces of other nuts		may contain traces	may contain traces				V
<b>Caffe Dolce</b>															
Dark Chocolate and Orange Dolce	Yes - wheat		may contain traces			Yes	Yes	may contain traces		may contain traces	may contain traces				V
Sicilian Lemon Posset Dolce	Yes - wheat		Yes			Yes	Yes	may contain traces		may contain traces	may contain traces				V
White Chocolate and Raspberry Dolce	Yes - wheat		Yes			Yes	Yes	may contain traces		may contain traces	may contain traces				V
Salted Caramel and Hazelnut Dolce	Yes - wheat		Yes			Yes	Yes	Yes, Hazelnuts and traces of other nuts		may contain traces	may contain traces	Yes			V
Tiramisu Dolce	Yes - wheat		Yes			Yes	Yes	may contain traces		may contain traces	may contain traces				V
<b>Pastries</b>															
Almond Croissant	Yes - wheat		Yes				Yes	Yes - Almonds and traces of other nuts			may contain traces				V
Apricot Croissant	Yes - wheat		Yes			may contain traces	Yes	may contain traces			may contain traces				V
Butter Croissant	Yes - wheat		Yes			may contain traces	Yes	may contain traces			may contain traces				V
Cheese Twist	Yes - wheat & barley		Yes			may contain traces	Yes	may contain traces	may contain traces	Yes	may contain traces	Yes			V
Chocolate Twist	Yes - wheat		Yes			Yes	Yes	may contain traces			may contain traces				V
Maple Pecan Twist	Yes - wheat		Yes				Yes	Yes - Pecans and traces of other nuts			may contain traces				V
Pain au Chocolat	Yes - wheat		Yes			Yes	Yes	may contain traces			may contain traces				V
Pain au Raisin	Yes - wheat		Yes			may contain traces	Yes	may contain traces			may contain traces				V
<b>Muffins</b>															
Belgian Chocolate Filled Muffin	Yes - wheat		Yes			Yes	Yes	may contain traces							V
Black Cherry Filled Muffin	Yes - wheat		Yes				may contain traces	Yes - pistachios							V
Blueberry Filled Muffin	Yes - wheat		Yes			Yes	Yes	may contain traces							V
Raspberry & Almond Filled Muffin	Yes - wheat		Yes				Yes	Yes - almonds							V
Sicilian Lemon Curd Filled Muffin	Yes - wheat		Yes				Yes	may contain traces				Yes			V
<b>Scones</b>															
All butter fruit scone	Yes - wheat		Yes				Yes	may contain traces							V
<b>Cookies</b>															
Thaw & Serve and Bake in-store Chocolate Chunk Cookie	Yes - wheat		Yes			Yes	Yes	may contain traces							V

## Caffe Nero Allergens by Product

Where 'Yes' is indicated, items contain the named allergen.

Product	Cereals containing Gluten	Citrus fruits and products thereof	Eggs and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof	Nuts	Celery and products thereof	Mustard and products thereof	Sesame Seeds and products thereof	Sulphur Dioxide and sulphites (>10mg/kg)	Lupin and products thereof	Molluscs and products thereof	Additional Dietary Information (V = Vegetarian, VG = Vegan, GF = Gluten free, WF = Wheat free, DF = Dairy free - but may contain eggs)
Thaw & Serve and Bake in-store Oat & Raisin Cookie	Yes - wheat & oats					may contain traces	Yes	may contain traces							V
Thaw and serve & bake in-store Triple Chocolate Cookie	Yes - wheat		Yes			Yes	Yes	may contain traces							V
Thaw and serve wrapped chocolate chip cookie	Yes - wheat		Yes			Yes	Yes	may contain traces							V
Thaw and serve wrapped oat and raisin cookie	Yes - wheat & oats		Yes			may contain traces	Yes	may contain traces							V
Thaw and serve wrapped belgium chocolate	Yes - wheat		Yes			Yes	Yes	may contain traces							V
<b>Grab &amp; Go Cakes</b>															
GF Apple & Blackcurrant Crumble	Gluten free oats							may contain traces							VG, GF, DF, WF
Coconut & Raspberry Slice			Yes					may contain traces				Yes			VG, GF, DF, WF
Double Chocolate Brownie			Yes			Yes	Yes	may contain traces			may contain traces				V, VG, GF
Oat Bar	Yes - oats							may contain traces				Yes			V, DF, WF
<b>Panettone &amp; Teacakes</b>															
Panettoncino Classico	Yes - wheat		Yes			may contain traces	Yes	may contain traces							Vegetarian
Rich Fruit Teacake	Yes - wheat		Yes			may contain traces	Yes	may contain traces		may contain traces	may contain traces	Yes			Vegetarian
<b>Wrapped Cakes &amp; Biscuits</b>															
Christmas Vegan Minced Pie	Yes - wheat					may contain traces		may contain traces		may contain traces	may contain traces				V, VG
Almond Biscotti	Yes - wheat		Yes				Yes	Yes - almonds			may contain traces				V
Bear Yo-Yo's															V, VG, GF, DF, WF
Caramel Waffles	Yes - wheat		Yes			Yes	Yes	may contain traces							V
Chocolate Covered Rice Cakes						Yes	Yes	may contain traces							V, GF, WF
Giro Gingerbread Man	Yes - wheat		Yes					may contain traces							V, DF
Shortbread Animal Bites	Yes - wheat						Yes	may contain traces							V
Shortbread Bars	Yes - wheat						Yes	may contain traces							V
Stem Ginger Biscuits	Yes - wheat						Yes	may contain traces							V
Wafer Biscuits								Please refer to individual packs							Please refer to individual packs
<b>Grab &amp; Go Cakes - Express Only</b>															
Caramel Shortcake	Yes - wheat					Yes	Yes	may contain traces							V
<b>Chocolate &amp; Mints</b>															
Chocolate Coated Coffee Beans	may contain traces					Yes	may contain traces	may contain traces							V
Chocolate Coin						Yes	Yes								V
Giantuja Chocolate						Yes	may contain traces	es - hazelnuts & other nuts							V
Mints															V, GF
Dark Chocolate Bar								may contain traces							V, VG, GF, DF, WF
Milk Chocolate Bar						Yes	Yes	may contain traces							V, GF, WF
<b>Crisps, Nuts &amp; Popcorn</b>															
Crisps & Popcorn								Please refer to individual packs							Please refer to individual packs
Fruit & Nuts								All packs contain nuts - please refer to individual packs for full breakdown							V, VG, GF, DF, WF
Mango Chunks								may contain traces							V, VG, GF, DF, WF
Totally Nuts								All packs contain nuts - please refer to individual packs for full breakdown							V, VG, GF, DF, WF
<b>Breakfast Pots &amp; Porridge</b>															
Berry Compote, Greek Style Yoghurt & Granola	Yes - oats						Yes								V
Seasonal Fruit Salad															V, VG, GF, DF, WF

Caffe Nero Allergens by Product

Where 'Yes' is indicated, items contain the named allergen.

Product	Cereals containing Gluten	Citrus fruits and products thereof	Eggs and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof	Nuts	Calvary and products thereof	Mustard and products thereof	Sesame Seeds and products thereof	Sulphur Dioxide and sulphites (≥10mg/kg)	Lupin and products thereof	Molluscs and products thereof	Additional Dietary Information (V = Vegetarian, VG = Vegan, GF = Gluten free, WF = Wheat free, DF = Dairy free - but may contain eggs)
Mango Fruit pot															V, VG, GF, DF, WF
Dairy free coconut, mango and passionfruit ganola pot															V, VG, DF
Porridge with semi-skimmed or skimmed milk	Yes - oats						Yes								V
Porridge with Alpro Soya milk	Yes - oats					Yes									V, VG, DF
Porridge with Alpro Coconut milk	Yes - oats					Yes									V, VG, DF
Porridge with Minor Figures Oat Milk	Yes - oats														V, VG, DF
Seed and fruit porridge topper	may contain traces				may contain traces	may contain traces	may contain traces	may contain traces				Yes			V, VG, GF, DF, WF
Fruit porridge topper	may contain traces				may contain traces	may contain traces	may contain traces	may contain traces				Yes			V, VG, GF, DF, WF
Sausage, bacon and scrambled egg breakfast pot	Yes - wheat		Yes				Yes								
Scrambled egg, portabello mushroom and spinach breakfast pot			Yes				Yes								V, GF, WF
<b>Breakfast</b>															
Smoked British Bacon Ciabatta Roll	Yes - wheat & rye						Yes								
Sausage, Egg & Bacon Ciabatta Roll	Yes - wheat & rye		Yes				Yes								
Butcher's Sausage Ciabatta Roll	Yes - wheat & rye						Yes					Yes			
Heinz Ketchup Sachet									Yes						
HP Sauce Sachet	Yes - barley & rye														
<b>Croissants</b>															
Ham & Mature Cheddar Croissant	Yes - wheat		Yes				Yes	may contain traces				may contain traces			-
<b>Panini's</b>															
Brie & Smoked Bacon	Yes - wheat & rye						Yes								
Chargrilled Chicken & Pesto	Yes - wheat & rye						Yes								
Goat's Cheese & Beetroot	Yes - Wheat						Yes								V
Ham & Mozzarella	Yes - wheat & rye						Yes								
Mozzarella & Tomato	Yes - wheat & rye						Yes								V
Pole & Line Tuna Melt	Yes - wheat & rye		Yes	Yes			Yes			Yes					
Sicilian Meatball & Mozzarella	Yes - wheat & rye		Yes				Yes			Yes					
<b>Tostati</b>															
British Chicken & Bacon	Yes - wheat, barley & rye						Yes		Yes	Yes					
Mozzarella & Roasted Tomato	Yes - wheat, barley & rye						Yes								V
Mushroom & Mascarpone	Yes - wheat, barley & rye		Yes				Yes			Yes					V
Italian Cotto Ham & Cheese	Yes - wheat, barley & rye						Yes								
Classic Five Cheese	Yes - wheat, barley & rye						Yes								V
Smoked Ham & Mature Cheddar	Yes - wheat, spell & rye						Yes								
Sun-dried Tomato & Pesto	Yes - wheat & rye									Yes					V, VG
<b>Sandwiches - wedges</b>															
Classic Bacon, Lettuce & Tomato	Yes - wheat & barley		Yes	Yes						Yes					DF
Chargrilled Chicken Salad	Yes - wheat & barley		Yes				Yes			Yes					
Free-Range Egg	Yes - wheat & oats		Yes			Yes				Yes					V, DF
Smoked Salmon & Soft Cheese	Yes - wheat & oats			Yes		Yes	Yes								
<b>Gluten Free</b>															
Gluten Free Ham & Mustard Sandwich			Yes							Yes					GF, WF

## Caffe Nero Allergens by Product

Where 'Yes' is indicated, items contain the named allergen.

Product	Celery containing Gluten	Citrus fruits and products thereof	Eggs and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof	Nuts	Celery and products thereof	Mustard and products thereof	Sesame Seeds and products thereof	Sulphur Dioxide and sulphites (>10mg/kg)	Lupin and products thereof	Molluscs and products thereof	Additional Dietary Information (V = Vegetarian, VG = Vegan, GF = Gluten free, WF = Wheat free, DF = Dairy free - but may contain egg)
<b>Flatbreads</b>															
Chargrilled Chicken & Pesto Flatbread	Yes - Wheat		Yes				Yes			Yes					
Sweet Potato Falafel & Houmous Flatbread	Yes - Wheat														V, VG, DF
<b>Salads &amp; Snack Pots</b>															
Chargrilled vegetable and supergreen large salad box										Yes					V, VG, DF, GF, WF
British chicken, roasted root veg and grain large salad box	Yes - wheat									Yes					DF
Chargrilled vegetable and mixed grain mini salad pot	Yes - wheat														V, VG, DF
British chicken, butternut squash & lentil mini salad pot															DF, GF, WF
Crudites & Red Pepper Houmous Pot															V, VG, GF, DF, WF
<b>Kosher Sandwiches - Heathrow &amp; Gatwick only</b>															
Egg Mayonnaise Bagel	Yes - wheat		Yes							Yes					Kosher, Halal
Salt Beef & Mustard Bagel	Yes - wheat									Yes					Kosher, Halal
Smoked Salmon & Cream Cheese Bagel	Yes - wheat			Yes			Yes								Kosher, Halal
<b>Kids Sandwiches</b>															
Ham Sandwich	Yes - wheat, oatmeal						Yes								
Cheese Sandwich	Yes - wheat, oatmeal						Yes								V
<b>Soups - served with Ciabatta Bread</b>															
Tomato & Mascarpone	Yes - wheat if served with ciabatta						Yes		Yes (celery & celeriac)						V, GF & WF is not served with bread
Rustic Chicken & Rice	Yes - wheat if served with ciabatta						Yes		Yes (celery & celeriac)						GF & WF if not served with bread
<b>Hot Pots</b>															
Orzo Pasta & Mediterranean Veg	Yes - Wheat								Yes (celery & celeriac)						V, VG
Mushroom & Mascarpone Risotto	Yes - wheat if served with ciabatta						Yes		Yes (celery & celeriac)						V, GF & WF is not served with bread
<b>Hot Drinks - Coffee Drinks</b>															
Espresso															
Espresso Macchiato							Yes								
Espresso Ristretto															
Espresso con Panna							Yes								
Cappuccino							Yes								
Caffé Latte							Yes								
Caffé Mocha (served with whipped cream)							Yes								
Caffé Americano (if served with milk)							Yes								
Cortado							Yes								
Flat White							Yes								
<b>Extras:</b>															
Whipped Cream							Yes								-
Marshmallows															These are <u>not</u> vegetarian as they contain beef gelatine. DF, GF, WF
<b>Non Dairy Milk:</b>															

## Caffe Nero Allergens by Product

Where 'Yes' is indicated, items contain the named allergen.

Product	Celery containing gluten	Citrus fruits and products thereof	Eggs and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof	Wheat	Crustaceans and products thereof	Mollusks and products thereof	Sesame Seeds and products thereof	Sulphur Dioxide and sulphites (>10mg/kg)	Lupin and products thereof	Mustard and products thereof	Additional Dietary Information (V = Vegetarian, VG = Vegan, GF = Gluten free, WF = Wheat free, DF = Dairy free - but may contain eggs)
Alpro Coconut						Yes									V, VG, DF
Alpro Oat	Yes - oats														V, VG, DF
Alpro Soya						Yes									V, VG, DF
<b>Hot Drinks - Tea, Hot Chocolate &amp; Speciality</b>															
Tea (if served with milk)							Yes								
Herbal Tea															
Hot Chocolate (served with whipped cream)						Yes - in chocolate sprinkles	Yes - in chocolate sprinkles								
Hot Chocolate Milano (served with whipped cream)						Yes - in Milano liquid & chocolate sprinkles	Yes - in Milano liquid & chocolate sprinkles								
Chai Latte							Yes Note: Recipe changed to dairy free chai powder, check with Barista.								V, VG, DF, GF, WF
White Chocolate Mocha (served with whipped cream)						Yes - in the white chocolate sauce	Yes - in the white chocolate sauce								
Caramelatte (served with whipped cream)							Yes - in the caramel sauce								
<b>Iced Drinks</b>															
Frappe Latte							Yes								
Belgian Mocha Frappe Latte						Yes - in the Milano liquid	Yes - in the Milano liquid								
Iced Latte							Yes								
Iced Coconut Latte	Yes - oats (if made with oat milk)					Yes (if made with coconut or soya milk)	Yes								
Frappe Crème - Belgian Triple Chocolate						Yes - in Milano liquid & chocolate chips	Yes - in the Milano liquid								
Frappe Crème - Espresso & Caramel							Yes - in the caramel sauce								
Frappe Crème - Raspberry & Belgian White Chocolate						Yes - In the white chocolate sauce	Yes - in the white chocolate sauce								
Frappe Crème - Salted Caramel & Pistachio							Yes - in the salted caramel sauce								
Milkshake - Belgian Chocolate						Yes - in the Milano liquid	Yes - in the Milano liquid								
Milkshake - Strawberry							Yes								
Milkshake - Vanilla							Yes								
Shaken - Sicilian Lemonade															
Shaken - Crushed Raspberry Lemonade															
Shaken - Garden Mint Lemonade															
Shaken - Black Tea & Peach															
Shaken - Green Tea & Mango															
Fruit Booster - Alphonso Mango & Passion Fruit															
Fruit Booster - Raspberry & Italian Peach															

## Caffe Nero Allergens by Product

Where 'Yes' is indicated, items contain the named allergen.

Product	Cereals containing gluten	Crustaceans and products thereof	Eggs and products thereof	Fish and products thereof	Peanuts and products thereof	Soybeans and products thereof	Milk and products thereof	Nuts	Cellary and products thereof	Meat and products thereof	Sesame Seeds and products thereof	Sulphur Dioxide and sulphites (>10mg/kg)	Lupin and products thereof	Molluscs and products thereof	Additional Dietary Information (V = Vegetarian, VG = Vegan, GF = Gluten free, WF = Wheat free, DF = Dairy free - but may contain eggs)
<b>Syrups:</b>															
Amaretto								Yes - Pistachio							
Caramel															
Caramel - Sugar Free															
Cinnamon															
Gingerbread															
Hazelnut								Yes - Hazelnut							
Hazelnut - Sugar Free								Yes - Hazelnut							
Pure Cane Sugar															
Salted Caramel															
Strawberry															
Vanilla															
Vanilla - Sugar Free															
<b>Bottled Drinks</b>															
Blackcurrant & Apple Juice Drink															
Coca Cola / Diet Coke															
Freshly Pressed Apple Juice															
Freshly Squeezed Orange Juice 250ml & 500ml															
Honest Tea (various flavours)															
Im Bru / Sugar Free Im Bru															Scotland only
San Pellegrino (various flavours)															
Sicilian Lemonade Juice Drink															
Vita Coco Natural Coconut Water															
Mujo Ginger shot															Vegan, vegetarian
Mujo Turmeric shot															Vegan, vegetarian
Water - Still / Sparkling 500ml & Still 750ml															